



Puppy Lesson 2 Homework

Your trainer will adjust the homework as needed. Please reach out to them with any questions, and have fun!

- 1. CRATE/POTTY TRAINING.** Continue using your “load up” command when putting your puppy in the crate. Attempt to increase the distance away from the crate when giving the command in small increments. Your puppy should no longer come out of the crate until you call them. If they try, gently close the crate door on them and repeat until they wait inside the crate. Continue using the entire 30-30 rule for your potty training. Put a leash on your puppy and perform rapid come-sits from the crate to the door. Open the door but hold the leash until your puppy waits calmly. Once waiting, take your puppy to the potty spot as you have been. Come back inside the same way, with rapid come-sits and waiting at the door.
- 2. COME, SIT, PLACE, DOWN, and FREE.** Your puppy will continue to work for all their food. At feeding time, use the same routine you have been, but add in the “Down” command. Remember to lower your hand from near the puppies face towards the ground. Sometimes go from down back to sit. We will also be increasing the distance from 3-5 steps away from your puppy to 6 to 8 steps away. Continue to reward with food and saying “Yes” immediately after your puppy is successful with each command. **Repeat this 10-20 times.** The final time you ask your puppy to place, use the “FREE” command and reward and engage with your puppy off of the place board. **ONCE THIS ROUTINE IS ESTABLISHED, YOU CAN DO ALL 4 COMMANDS TOGETHER IN VARYING ORDERS. YOUR PUPPY WILL START TO GET EXCITED TO DO THIS FOR YOU AND DO IT QUICKER AND QUICKER. KEEP TRACK OF YOUR REPS ON A PIECE OF PAPER. THE MORE YOU DO THE BETTER YOUR PUPPY WILL GET!**
- 3. DURATION PLACE.** You will continue to perform duration place 2 times per day. We are going to increase the goal to 10 minutes each time, still setting a timer once your puppy settles on place. Slowly increase the distance the place board is away from your feet. Each session you are successful, move the place board just a foot or two further from you until it is eventually against a wall across the room from where you’re sitting. Practice small distractions such as changing seats, walking to the door, or dropping food. When the timer goes off, use the “FREE” command and reward and engage with your puppy off of the place board. **THIS IS THE MOST IMPORTANT COMMAND WE WILL TEACH YOUR DOG. THIS WILL TEACH HIM TO RELAX AND NOT MOVE WHEN YOU TELL HIM TO. WE USE THIS IN EVERYDAY LIFE. FOR EXAMPLE, WHILE PREPPING, EATING AND CLEANING UP AFTER DINNER IT GIVES HIM SOMEPLACE TO GO AND BE OUT OF THE WAY OR WHILE ANSWERING THE DOOR ETC.**